

# MEDICAL ESTHETICS NURSING (MDN)

# About the Program

Seneca POLYTECHNIC

As esthetic procedures rise in popularity, there is a growing need for licensed professionals with the skills and expertise to perform cosmetic treatments. Cosmetic environments provide an opportunity for licensed nurses to expand their career opportunities beyond the traditional healthcare setting.

This graduate certificate prepares Canadian registered nurses or registered practical nurses with the knowledge and hands-on experience to perform medical esthetics treatments. This includes procedures such as laser hair removal, microneedling, anti-aging treatments, chemical peels and cosmetic injections.

#### **Credential Awarded**

Ontario College Graduate Certificate

#### Duration

2 Semesters (8 Months)

#### **Starts**

September

# **Program and Course Delivery**

This program is offered in Seneca's hybrid delivery format with some courses available in Seneca's flexible delivery format. Some coursework is online and some must be completed in person. Students will need to come on campus to complete in-person learning requirements. For courses offered in the flexible delivery format, professors use innovative learning spaces and technology to teach students in a classroom or lab and broadcast in real time to students attending remotely. In flexible courses, students have the choice of coming on campus or learning online.

# Skills

Throughout this program you will develop the following skills:

- Conduct client evaluations to recommend appropriate treatment plans and procedures
- Operate and maintain a range of specialized cosmetic equipment and technology
- Adhere to relevant health and safety regulations while performing medical esthetics treatments
- Understand key business principles to maintain a sustainable medical esthetics nursing business

### Work Experience The Esthetic Clinic: Evolutions Spa

Seneca's on-campus esthetic clinic, Evolutions Spa (https:// www.senecapolytechnic.ca/school/faculty-of-communication-art-anddesign/school-of-fashion/the-esthetic-clinic.html), lets students practice their services while working under the guidance of qualified instructors.

### **Field Placement**

A field placement allows students to apply their knowledge while gaining work experience at an external clinic. Students will study the role of a medical esthetics nurse in a spa setting and practice skills under the supervision of an experienced practitioner.

# Your Career

Graduates of the program can explore the following career options:

- day spas
- medical spas
- wellness clinics
- · dermatologist office
- cosmetic surgery clinic

The program's comprehensive curriculum will also explore the fundamental concepts of establishing an independent medical esthetics business.

# **Program of Study**

Course Code	Course Name	Weekly Hours
Semester 1		
MDN100	Medical Esthetics Nursing Practice	3
MDN101	Injectables I	4
MDN102	Medispa Treatments	4
MDN103	Medical Esthetics Lab	7
SPM511	Anatomy and Physiology	3
SPM513	Medical Esthetics Technologies	4
Semester 2		
MDN200	Products and Ingredients	3
MDN201	Injectables II	4
MDN203	The Business of Medical Esthetics	3
MDN204	Field Placement	7
SPM611	Advanced Anatomy and Physiology	3
SPM613	Anti-aging Technologies	4

This Seneca program has been validated by the Credential Validation Service as an Ontario College Credential as required by the Ministry of Colleges and Universities.

As a graduate, you will be prepared to reliably demonstrate the ability to:

- Collaborate with estheticians, medical estheticians, and other medical practitioners to enhance personal work performance and improve client care.
- Adhere to relevant health, safety, sanitation, infection, and prevention control guidelines, according to current federal, provincial regulations and industry standards when administering protocols applicable to medical esthetics and injectables.
- Apply anatomical, physiological, and histological knowledge to the development and delivery of medical esthetics treatments and care plans.
- Evaluate, implement, and modify medical esthetics treatment plans and procedures by accounting for contraindications.

- Develop and deliver treatment and care plans to meet the needs and goals of the client.
- Evaluate and conduct a variety of medical esthetics procedures that support the health and wellbeing needs of clients from various cultures and ethnicities following correct practices and procedures.
- Operate and maintain a range of specialized equipment and technology while performing medical esthetics treatments, according to the manufacturer's specifications, direction, and legislative standards.
- Use business principles to establish and maintain a sustainable medical esthetics nursing business.
- Develop informed consents and pre-post plan of care treatment documents for medical esthetics procedures using appropriate medical terminology in accordance with ethical guidelines and professional protocols.
- Utilize a range of esthetics and cosmeceutical products within a medical practice to achieve the desired dermatological condition.

### **Admission Requirements**

 English proficiency (https://www.senecapolytechnic.ca/ registrar/canadian-applicants/admission-requirements/englishproficiency.html) for graduate certificates

- Post-secondary diploma or degree in nursing or medicine or equivalent
- Proof of registration as a licensed nurse (RN/RPN/NP) with unrestricted practice with the College of Nurses of Ontario or equivalent registration in another Canadian province

OR

Proof of registration with unrestricted practice with the College of Physicians and Surgeons of Ontario or equivalent registration in another Canadian province

Canadian citizens or permanent residents educated outside of Canada must provide a World Education Services (WES) or ICAS Canada credential evaluation.

### Pathways

As a leader in academic pathways, we offer a range of options that will allow you to take your credential further in another Seneca program or a program at a partner institution.

To learn more about your eligibility, visit the Academic Pathways (https:// www.senecapolytechnic.ca/pathways.html) web page.

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